



# North Reading Parks & Recreation

235 North Street,  
North Reading, MA 01864

978-357-5216 or 978-664-6016 [www.northreadingma.gov/parks-recreation](http://www.northreadingma.gov/parks-recreation)



## 2021 Summer Programs

**DISCLAIMER.** Participating in recreational activities may cause high levels of laughter and fun. It may also result in unforgettable experiences and friendships. Recreation may be habit forming.



## Adult and Family Programs

### Yoga for every body

Come flow with us! This class is designed for every body type. We will start class with a breathing exercise, warm up the body and get the heart rate up then finish class with some relaxing and restorative poses. This is a perfect way to end the week and start the weekend off relaxed, restored and renewed. Participants must bring mat, towel and plenty of water. 6 week program

Age: Adult

Dates: **S1- Thursdays**, April 29th- June 3rd  
Time: 5:30-6:30 PM

Dates: **S2- Fridays**, April 30th-June 4th  
Times: 3:15-4:15

Cost: \$65.00

Location: Ipswich River Park Meadow



### Yoga for Tots with adult

Come practice with your little one! This 30-minute class is a fun way to introduce your child to a healthy life-style. The main goal of this class is to have fun and stretch the body. This is a perfect class to strengthen the bond between you and your little yogi. Flexible on Toddler ages. Participants must bring a mat for both adult and child, a towel for both and plenty of water for both

Age: 2-5 years

Date: Thursdays, April 29th-June 3rd  
Time: 2:30-3:00 PM

Cost: \$65.00

Location: Ipswich River Park Meadow



### Restorative yoga

Suitable for all levels, this 45 minute restful floor practice is designed to relax and restore your mind & body & soul while releasing tension. Through the use of props for support, the postures are held almost effortlessly. The only work that's required on your part during this practice is to pay attention to your breath and become aware of any sensations or thoughts that may arise. Bring a water, yoga mat, towel, pillow, & 2 blocks if you have them!

Age: 16 years and up

Date: Fridays, April 30th-June 4th  
Time: 5:30-6:15 PM

Cost: \$65.00

Location: Ipswich River Park Meadow



### Gentle Yoga—teens/adult

Come to your mat to slow down with us! This class is a slow paced, softer, more nurturing practice. It is designed for yoga newbies, And those with tight bodies, stiffness injury or recovering from illness or surgery. We will mainly focus on relaxing the mind and stretching the body. We welcome all levels. This is a perfect way to unwind and relax after a long day! Participants must bring mat, towel and plenty of water

Age: 14 years and up

Date: Thursdays, April 29th-June 3rd  
Time: 4:15-5:15 PM

Cost: \$65.00

Location: Ipswich River Park Meadow



### Yin yoga

This 45 minute class targets your deep connective tissues, like your fascia, ligaments, joints, and bones. It's a slower and more meditative practice. This class will help you stretch and lengthen those rarely-used tissues while also teaching you how to breathe through discomfort and sit with your thoughts. Poses are held passively for a few minutes. Bring a yoga mat, water, towel and 2 blocks & a strap if you have them

Age: 16 years and up

Date: Fridays, April 30th-June 4th  
Time: 4:30-5:15 PM

Cost: \$65.00



### Adult Summer Boot Camp



This popular interval class mixes calisthenics and body weight exercises with cardio and strength training. Program is designed to be different all the time and push participants harder than they would push themselves. Although instructors will push like drill sergeants, our goal is to offer encouragement and have tons of fun. Prepare for high intensity training! 2/week. Tues./Thurs. **8 week session**

Ages: Adult

Dates: June 24th—August 17th.  
2/week. Tues./Thurs.

Time: 5:30—6:30 AM

Cost: \$130.00

Location: Ipswich River Park Basketball Courts

**Always check emails or website on inclement weather days before heading out!**



### Yoga, Slow flow for beginners

Encouraging all levels to join in with this relaxing & mindful flow! During this 60 minute class we will focus on a slow and steady pace allowing for the students to pay close attention to the breath and alignment. The slow speed will also help to get your mind synced with the body. Bring a towel, water, yoga mat, and 2 blocks and a strap if you have them!

Age: 16 years and up

Date: Fridays, April 30th-June 4th

Time: 2:00-3:00 PM

Cost: \$65.00

Location: Ipswich River Park Meadow



### Women's Beginner Tennis



Ladies join our Local Tennis Pro for a beginners tennis program. Matt Tiberii has been teaching tennis to all levels from toddlers to adult, beginners to experienced for 18 years with Parks and Rec. His easy going personality makes it a pleasure to learn! Must bring racquet.

**6 week session**

**Session 1: Spring**

Dates: Mondays May 3rd-June 14th  
No program 5/31

Time: 9:30—11:00 AM

Cost: \$100.00

Location: Ipswich River Park Courts

**Session 2: Summer**

Dates: Wednesdays, July 7th— August 11th

Times: 6:00-7:30 PM

Cost: \$100.00

Location: NRHS Tennis Courts

### Adult Sunset Cardio Tennis



Local Tennis Pro, Matt Tiberii, will join us again this spring to bring his popular tennis course with a twist to North Reading. Learn tennis with a cardio workout and drill playing. You will love this class! This program is geared towards experienced tennis players. Matt, a USPTA Certified Instructor has been involved with our programs since 1998! **6 week session**

**Session 1: Spring**

Dates: Tuesdays, May 4th-June 8th

Time: 6:30—8:00 PM

**Session 2: Summer**

Dates: Wednesday's, July 7th— August 11th

Time: 7:30-9:00 PM,

Cost: \$100.00

Location: NRHS Tennis Courts





# SummerScape 2021

Program for children entering 1st-7th grade  
CIT program for students entering 8th-10th grade

Location: L.D. Batchelder School

9:00 AM—3:00 PM Monday—Friday June 21st—August 13th (No program 7/5)



## IMPORTANT CHANGES FOR SUMMER 2021

(Due to Covid Restrictions some changes are in place for this summer only)

- Participants must register for one week minimum. No daily registrations or walk in's.
- Children will stay with the same group of children and counselors all week.
- No Field Trips but we plan to bring some fun entertainment to us!
- Organized free play options
- Before and after care has limited openings and require pre registration at time of weekly registration.
- We hope to get back to the more flexible schedule you are all used to in upcoming years.
- We will do our best this year to group by age/family members. We may not be able to stay with our previous guidelines of bumblebees, hornets due to required group sizes but as usual, we will do our very best to be sure kids are in a group that is the safest and makes them the happiest.

## Program outline

- Every Monday is Pay it forward day** A group project each week to pay it forward. projects include: animal shelter, seniors, veterans, homeless shelter, project Linus & food pantry. Mondays will also include plenty of sports and program activities.
- Every Tuesday is Theme Day** Theme day is a day of themed fun! **Dress for scheduled theme and earn a camper coin!** Everybody gets involved with fun ice breaker games that will have us giggling with friends. Kids will make and exchange a friendship bracelet. Meet one new person today and get a camper coin!  
**Week 1 6/21-6/25 Buddy up** Wear your Red White and Blue and have fun with a day of crazy fun patriotic games!  
**Week 2 6/28-7/2 Party in the USA** Kids will have fun in teams competing in challenges complete with road blocks and detours! Wear your favorite sports team shirt!  
**Week 3 7/6-7/9 Amazing Race** Put on your sombreros and ponchos, serapes and lets make mini piñatas, play hot chili pepper relay and Mexican football. Guess the beans in the jar, play tortilla toss,  
**(no program 7/5)** Grab your boots and hats and gear up for a day of our favorite Gold Rush game complete with Staff-bank robbers, sheriffs, search for gold (camper) coins!  
**Week 4 7/12-7/16 Fiesta Fun** Wear a hat or mittens and celebrate winter! (don't worry we wont wear them all day!) Make fake snow and an ornament, Compete in winter Olympics and play some silly holiday /winter themed games.  
**Week 5 7/19-7/23 Gone Country** Grab your lab coats and safety goggles because it's always a good time when we make things explode, fizz and bubble! New exciting experiments and some of our old favorites!  
**Week 6 7/26-7/30 Just Chilling** Here is your chance to beat the counselors at some great relay games, minute to win it games and brain Games! Lots of fun and prizes!  
**Week 7 8/2-8/6 Up and Atom** Weather permitting, we will hike down to Ipswich River Park to enjoy the park facilities with games and nature adventures Or we will bring in special guests/shows.  
**Week 8 8/9-8/13 Kids vs Staff** Wear your flip flops and bathing suits but be sure to bring change of clothes and sneakers.  
- Every Wednesday is FUN day** Crazy Relay Day! Be ready to get messy! Tons of slimy, foamy silly fun!  
- Every Thursday is Water Day** Granola bars, crackers, gold fish, candy, chips, fruit snacks and more.  
- Every Friday is Crazy Relay Day** Earn them by donating to pay it forward, dressing in theme on Tuesdays and by being recognized for good deeds or behavior! Coins are awarded at days end at circle time and can be spent at snack/prize bar.
- Snack bar**
- Camper coins are back!**
- What happens on a typical day at SummerScape?**
  - 9:00 AM -** Kids arrive and join their group for some ice breaker games.
  - 9:30 AM -2:20 PM** Participants will go to their first block of day. Each day has three 90 minute blocks which could include crafts, science, sports, nature and special events. Kids will travel with the same group and counselor all day/week.
  - 10:30 –11:00 AM** Snack with choice of free play options
  - 12:00—1:00 PM** Lunch with choice of free play options
  - 2:15 PM** Participants get back packs, crafts and any personal items and meet at circle time.
  - 2:30 PM** All participants join in interactive circle time of games with their group for camper coin awards and announcement for next day activities.
  - 3:00 PM** Participants get dismissed from circle time as parents arrive.
  - 3:15 PM** Participating children are moved to After Care.

## IMPORTANT!

Items to remember for the day!

- Snack and Lunch
- Masks & Extra Masks!
- Bug spray
- Sunscreen
- Crazy clothes for theme Tuesdays!
- Bathing suit, towel and flip flops on Thursdays
- Earned Camper coins
- Label everything!
- Reusable water bottles

## COUNSELORS IN TRAINING

Become trained and gain skills in a Recreation Summer Playground program by enrolling to be a CIT.  
A limited number of registrants will be allowed each week.

**Weekly rate: \$50.00/week**

**M-F 8:45AM to 3:15 PM**

Grade (entering) 8: Junior Counselor in Training  
Grade (entering) 9 & 10: Counselor in Training

**Registration Fee**

**One time/non-refundable per CIT - \$10**

You will shadow Counselors and Directors. This is a great experience for future job applications, employment interviews or on your college applications.



## Before & After Care

Extended SummerScape hours are offered to those who need this additional service.

Participants must be pre-registered at time of weekly registration for this service and are dropped off/picked up at the program location.

Participants can sign up for morning care, afternoon care or both.

Before and After care is limited to SummerScape participants only.

## SummerScape

**\$185.00/Week** No transfers, refunds or credits

**ONE TIME REGISTRATION FEE: \$10.00**

This summer we require a minimum of one week registration. Due to Covid tracing and planning to assure kids are in groups the right size, we cannot allow daily registrations. Participants must be registered the Friday prior.

## Before and After Care

	<u>Before</u> ( 7:30-9:00AM)	<u>After</u> (3:00-5:30PM)	<u>Both</u>
Weekly	\$50.00	\$80.00	\$130.00

Call 978-664-6016 for **scholarship** information.

**Scholarship deadline is June 1st.** Applications after that date are considered if funds are available





# Kid Connection 2021

for children ages 4-5

Must be potty trained

Monday—Friday 9 am—3 pm

June 21—August 13 (no program 7/5)

Location: Batchelder School. Children bring a snack and lunch daily .



Week	Dates	Theme	Description
Week 1	6/21-6/25	Get Wild!	Wild Safari week will have the kids making binoculars, searching for wild animals and solving animal puzzles, animal face painting, play monkey see monkey do and make a fun safari animal craft!
Week 2	6/28-7/2	Hooray for Red White & Blue	Kids will make red white and blue t shirts and bracelets to celebrate the upcoming holidays and participate in some great old fashioned fourth of July relay races & games
Week 3	7/6-7/9 (no program 7/5)	Nature Nuts	Kids enjoy small hikes, painting rocks, bird feeders, sun catchers & nature bracelets !
Week 4	7/12-7/16	Monster Mash	Calling all cute little monsters to a fun filled week that will include cookie monster Cupcakes, monster eyeball relay, Silly string monster game, apple monsters, Feed the monster game and an outside monster hunt!
Week 5	7/19-7/23	Up and Atom!	Put on your safety goggles and join us for a week of fun experiments. We will make Lemons explode, do some crazy balloon experiments, make our favorite elephant Toothpaste find hidden colors in your eruption, and so much more bubbly oozing fun!
Week 6	7/26-7/30	Outside the Lines	This week is loaded with fun creative projects. Kids make their own puffy paint and then use it in a project, make their own colorful paper, make slime, and use some really fun techniques to make art using bubbles, straws and more. This is not just for the creative it has a touch of science as well!
Week 7	8/2-8/6	Shoot for The Stars!	"Be our Guest" as we take an imaginary trip to visit your favorite stars when we visit Characters from Toy Story, Moana, Finding Nemo, and many more through crafts, treats and games! This week is full of magical surprises.
Week 8	8/9-8/13	Once upon A Time	Oh what fun we will have when we create each day around a great book or two! We will read some of our favorite books then enjoy crafts, active play and perhaps a bit of science or outdoor fun to go along with each book! Let your imagination explore!

## Costs

\$185.00/week

No transfers/refunds/credits

One time Registration Fee:  
\$10.00

Space is limited

Before and After Care are available for this age group upon request. You must call the office @ 978-664-6016

This 5 day week program is designed for potty trained pre-schoolers age 4-6 by September 1st who are ready to try a variety of activities without parents. Every week includes outdoor play, theme projects, games, crafts science, story time and so much more! Please send children with a snack and drink and a lunch each day.



- Apply sunscreen prior to program!
- Pack snack daily
- Pack lunch daily



Interested in being a Counselor in Training or a Jr. Counselor in Training at Kid Connection or SummerScape? Check out page 2 for details or call our office!



ACCOMPLISHMENTS



SILLY SCIENCE



I GYM TIME



IMAGINATION



NEW FRIENDS



OUTDOOR FUN



SWEET FACES







# Pre-School Programs



## Pee Wee Soccer

Join your friends and our coaches for the popular sport of soccer. Enjoy non-competitive group play including shooting, dribbling, passing and skill related games.

### 7 week session

Ages: 3-6 years

#### Session 1

Date: Thursdays, April 29th-June 10th

Time: 9:00-9:45 AM

#### Session 2

Date: Thursdays, April 29th-June 10th

Time: 10:00-10:45 AM

#### Session 3

Date: Fridays, April 30th-June 11th

Time: 9:00- 9:45 AM

#### Session 4

Date: Fridays, April 30th-June 11th

Time: 10:00-10:45 AM

Cost: \$72.00

Location: Town Hall Field/Gym

NOTE: Additional session offered on Saturday mornings with Challenger Soccer. See Saturday programming on this page.

## Little Tikes Hike

Do you like bugs, plants, birds and the outdoors? Come hike the woods, along streams & ponds while learning about hiking safety. Gather items from nature in a scavenger hunt, make a bird feeder or trail mix! Each hike will include a special craft or activity. Explore the exciting AVIS trails all within minutes from your home! All hikes simple enough for toddlers and their caregivers.

### 5 week session

Ages: 2 years and older w/adult

(Younger siblings below the age bracket for program are welcome, but are the complete responsibility of parent and will not receive supplies)

Dates: Wednesdays, May 5th -June 2nd

Time: 10:00-11:00 AM

Cost: \$45.00

Location: Group meets weekly @ designated N.R. locations.

## Martial Arts by Elite Freestyle Karate

Elite Freestyle Karate has been serving our community for over 25+ years. This program offers lessons focusing on confidence, leadership, respect and self-discipline. Uniform included. Programs include once/week from schedule choice.

Zoom options available **6 week session**

Ages: 3-4 Dragons

Dates: M/W 2:30-3:00 pm

Ages: 5-6 Tigers

Dates: M/W 3:00-3:30 T/Th 5:00-5:30  
Sat.12:40-1:10

Ages: 7-11 Youth, 12-15 Teens  
(see website for times)

Dates: April 26th-June 2nd

(no program 5/29 and 5/31)

Time: See schedule on our website for times

Cost: \$105.00 includes uniform and two classes/week

Location: 46 Haven Street, Reading MA.

## Nuts about Nature

Children will meet us outside of our Recreation Center at Ipswich River Park. From there we will enjoy small hikes in the park and collect some great items from nature and make nature bracelets, bird feeders, kindness rocks and tree rubbings! Our fun continues with some nature themed games Let's enjoy the outdoors and what we have right in our own back yards! Kids must bring masks for any time we cannot stay 6 ft. apart. This is an Outdoor program! Dress kids accordingly. Watch your emails before heading out on questionable weather days. Don't worry we will not be destroying any living nature during this program! Register soon as group sizes are smaller this year so we can keep COVID distancing a priority.

Age: 4- 6 drop off

Dates: S1, Thursdays, April 29th- June 10th

S2, Fridays, April 30th-June 11th

Time: 12:45- 1:30

Cost: \$65.00

Location: Outside of Recreation Center at IRP

## Skyhawks Mini Hawk-Soccer, Baseball, Basketball



This multi-sport program was developed to give 4 to 6 year olds a positive first step to athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, participants explore balance, hand/eye coordination and skill development at their own pace. Participants should wear appropriate clothing and running shoes; bring a water bottle and sunscreen/hat.

Ages: 5-6 years

Dates: Thursdays, May 6th-June 10th

Time: 3:30-4:30 PM

Cost: \$85.00

Location: Ipswich River Park small pavilion

## Skyhawks Multi Sports Super Tot



Soccer, Baseball, Basketball

Introduce your little superstar to sports in our most popular program! This multi-sport class uses age appropriate games and activities to explore balance, hand/eye coordination, fitness, sport skills and child development.

Ages: 3-4 years

Dates: Wednesdays, May 5th-June 9th

Time: 11:00-11:45 AM

Cost: \$85.00

Location: Ipswich River Park small pavilion

## Healthy Kids running series

NRP&R is joining Hood School PE Teacher Mr. Quinlan to bring back the popular Healthy Kids Running Series to North Reading! Healthy Kids Running Series is a national, community-based non-profit that provides a fun, inclusive, five-week running series for ages 2-14 designed to get kids active, build self-esteem and lay the foundation for a healthy lifestyle. All state and local COVID safety guidelines will be followed.

Register BY 4/18 for discounted price of \$35

Cost increases to \$40 as of 4/19

To register go to:

<https://runsignup.com/Race/MA/NorthReading/HealthyKidsRunningSeriesNorthReadingMA>

## Saturday Programs

### Challenger Sports Tiny Tykes Soccer



North Reading Recreation is

pleased to welcome **Challenger Sports** to our Saturday Soccer line up this Spring with their Tiny Tykes Soccer program.

Join Challenger's expert coaches for this innovative program introducing children to the basic skills of soccer. Using fundamental soccer activities and games children will develop their balance, agility and coordination, gross motor skills, social skills and self-confidence. Size 3 soccer ball included.

Challenger's coaches have an abundance of experience working with young children and the knowledge of how to make it fun! **7 week session**

Ages: 3-6 years

Date: Saturdays, May 1st, June 19th

Time: S1 9:00- 9:45 AM

S2 10:00-10:45 AM

S3 11:00-11:45 AM

S4 12:00- 12:45 PM

Cost: \$80.00

Location: Ipswich River Park Meadow area

## Special Needs Programming



### Little League Challenger Baseball



Adaptive baseball/softball for kids with special needs.

Ages: 5-18 years old (boys & girls)

Dates: May 16th-June 27th

No program Memorial weekend

Times: Sunday mornings 9-10:30am

Location: Benevento Field Little League Complex  
247 Central Street, North Reading

Cost: NRLL is waiving registration fee this season!

- Everyone is complex must wear mask.
- If player cannot wear mask the entire time we would ask parent/guardian to be their own players' volunteer. Otherwise a volunteer will be provided for player.
- No dugout use.
- Protocols are in place including sanitizing,

To Register: Visit:

<https://www.littleleague.org/play-little-league/challenger/>

All field usage and equipment donated through NRLL

Contact Info: Chris Hanson - Challenger Division Director

Cell-781-439-9031

email- [Chrishanson2925@gmail.com](mailto:Chrishanson2925@gmail.com)

### TOPSoccer



A modified version of the game of soccer designed to provide opportunities for children with physical, cognitive or other challenges. Offering fun, fitness and self-esteem for children with special needs. Each player is paired with a Buddy!

Age: 4-19

Dates: April 24th thru June 12th

No program Memorial Day weekend

Times: Saturday afternoons, 3:30-5:15 PM

Location: Ipswich River Park, 15 Central St, N.R.

Cost: \$25/player (covers shirt, and ball)

For more info and to Register: [nrys.org](http://nrys.org)

>>Programs>>TOPSoccer

Email @ [TOPS@nrys.org](mailto:TOPS@nrys.org):



# Youth Programs Spring

## On Site Archery

Learn Archery with On Site Archery! Our programs are led by USA Archery certified coaches and instructors from On Site Archery. You will learn the fundamentals of target archery, including proper shooting form, range safety, range procedures, scoring and much more. NO EQUIPMENT - NO PROBLEM! We provide everything you need to participate! Join us for a ton of shooting time and lots of fun!

Age: 9–17

Date: M/W April 5th–April 28th  
No program M 4/19, W, 4/21

Time: S 1 3:00-4:00 PM  
S 2 4:15-5:15 PM

Cost: \$155.00

Location: Rita Mullin Field



## On Site Archery—April Vacation Program

Same great program as described above but a shorter session run over Vacation week!

Age: 9-17 years

Date: Monday–Thursday, April 19th -22nd

Time: S-1 9:00 am–10:00 AM  
S-2 10:15-11:15 AM

Cost: 105.00

Location: Town Hall Field



## Skyhawks Street Hockey

Score a winning goal with our NEW Street Hockey program! Coaches teach the key concepts of passing, shooting, defense, stick handling and speed in a safe, non-checking environment. Specifically designed for beginning and intermediate players, this program teaches new skills, builds confidence and instills valuable life lessons such as teamwork, sportsmanship and respect.

Age: 7-12 years

Date: Tuesdays, May 11th–June 8th

Time: 5:00-6:00 PM

Cost: \$85.00

Location: Ipswich River Park Street Hockey Rink



## Skyhawks Multi Sports

Multi-sport classes are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as respect and teamwork.

Participants should wear appropriate clothing, shin guards (optional) and running shoes. Bring a water bottle, a baseball glove and sunscreen.

Ages: 7-11 years

Dates: Thursdays May 6th–June 10th

Time: 4:45-5:45 PM

Cost: \$85.00

Location: Ipswich River Park small pavilion



## Skyhawks beginning Golf

Participants will learn the fundamentals of swinging, putting, body positioning, etiquette and keeping score. The program is specifically designed for the entry-level player, simplifying instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided.

Age: 5-8 years

Date: Wednesdays , May 5th–June 9th

Time: S1, 12:45-1:45 PM  
S2, 2:00-3:00 PM

Cost: \$85.00

Location: Ipswich River Park small pavilion



## Yoga for Kids

Kids and Tweens come join us for this playful and fun 45 minute class is designed to help students with concentration, flexibility and stability. We will also focus on developing techniques to aid in reducing stress through breathing exercises and mindful movements for use on and off the mat. Beginners and existing yogis welcome! Please bring a mat, water and a towel.

6 week program

Age: 7-14

Date: Thursdays, April 29th –June 3rd

Time: 3:15-4:00 pm

Cost: \$65.00

Location: Ipswich River Park Meadow



## Wicked Cool WOW Science

What's so **WOW** about our **all new** science week? Have fun with a science scramble of totally random experiments, models and science adventures. Start with cartoon character science to explore Pokemon physics and explore geology with Steven Universe. Next, delve into candy chemistry using chromatography and make a jar that glows like fireflies! We'll grow seeds in a sponge tower and build a working monocular to explore the tiny worlds around us. In the afternoon, we'll make homemade rock salt ice cream and shimmering crystal stencils. Save the turtles by learning about their habit, life cycle and how to keep them from becoming extinct!

Age: Ages 5-11

Date: Monday-Friday, July 19th-23rd

Time: 9:00-4:00 PM

Cost: \$330.00

Location: Recreation Center @ IRP



## Wicked Cool Vet School

Do you dream of becoming a veterinarian? Grab your lab coat, animal lovers, as we learn about our favorite furry, flying and fishy friends! Make amazing animal models, build BIG bones and investigate animal intestines from our favorite vertebrates: birds, mammals, reptiles, amphibians and fish. Dissect an owl pellet to discover a predator's diet. Try your hand catching some invertebrates as we study insect exoskeletons, look at animal cells and parasites.

Age: Ages 5-11

Date: Monday-Friday August 16th-20th

Time: 9:00-4:00 PM

Cost: \$330.00

Location: Recreation Center @ IRP



# Enrichment and Summer Programs



## Hillview C.C. Jr. Summer Golf Lessons

Kids ages 9-13 years come together with Hillview's golf pro, Chris Carter, and his staff to learn the fundamentals of golf. Everyone will have fun while learning grip, stance, set-up, swing and much more. One day of class will be played on the golf course. Clubs provided. **3 day session**

Ages: 9-13 years

Time: 9:00–11:00 AM

Cost: \$110.00

Location: Hillview Country Club



### Session 1:

Date: Tuesday, Wednesday and Thursday  
July 6th, 7th, 8th,

### Session 2:

Date: Tuesday, Wednesday and Thursday  
August 3rd, 4th, 5th,

## Challenger Sports British Soccer

Challenger's British Soccer Summer Camp is the most popular camp in the country. With an innovative curriculum that develops skills, speed and confidence in players of all ages and abilities, British Soccer Camps provide boys and girls with the rare opportunity to receive high-level soccer coaching from a team of international experts right in the heart of their own community. In addition to teaching new skills and improving game performance, each British Soccer Camp provides lessons in character development, cultural education and is the most fun your child can have learning the sport they love. The Half-Day Camp emphasizes upon individual skill development, core techniques and small sided games. The Full-Day Camp is a more advanced camp for serious players which focuses on game related techniques, tactical development and coached match play. **Register through Challenger Sports @[www.registration.challengersports.com](http://www.registration.challengersports.com).**



Dates: Session 1 Monday–Friday July 12th-16th  
Session 2 Monday- Friday August 9th-13th

### Tiny Tykes soccer

Ages: 4-6 years

Time: 8:00-9:00 AM

Cost: \$75.00

### Half Day Soccer Camp

Ages: 7–14 years  
(grouped by age & skill level)

Time: 9:00 AM-12:00 PM

Cost: \$160.00

### Full Day Soccer Camp

Ages: 7-14 years  
(grouped by age & skill level)

Time: 9:00 AM-4:00 PM

Cost: \$205.00

Location: Ipswich River Park Pavilion



### Sponsor A Child:

Do you want to help?

We accept donations to send a child to a Recreation program. We try to help whenever we can, but with limited scholarship funding and increasing demand for scholarships we cannot fund all requests.

Your generosity could make a difference in a child's life. Donate on our registration page.



### IMPORTANT

Until State guidelines determine otherwise, all programs require a **daily health and wellness form** to be electronically submitted **each day** a child attends any program. If you are not attending, a quick email or phone call is appreciated so we do not have to make unnecessary

### IMPORTANT

Sports camps/ programs require a recent physical submitted prior to the start of the program. Children must bring snacks and/or lunch to all programs. Please remember sunscreen and water bottles.



# Summer Fun Continued

## SKYHAWKS PROGRAMS



### Street Hockey

Score a winning goal with our NEW Street Hockey program! Coaches teach the key concepts of passing, shooting, defense, stick handling and speed in a safe, non-checking environment. Specifically designed for beginning and intermediate players, this program teaches new skills, builds confidence and instills valuable life lessons such as teamwork, sportsmanship and respect.

Age: 7- 12 years  
Date: Monday—Friday July 26th-30th  
Time: 9:00 AM—12:00 PM  
Cost: \$169.00  
Location: Ipswich River Park Street Hockey Rink

### Multi Sports

Multi-sport classes are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as respect and teamwork. Participants should wear appropriate clothing, shin guards (optional) and running shoes. Bring a water bottle, a baseball glove and sunscreen.

Ages: 7-12 years  
Dates: Monday-Friday July 19th-23rd  
Time: 9:00 AM—12:00 PM  
Cost: \$169.00  
Location: Ipswich River Park small pavilion

### Mini Hawk- Soccer, Baseball, Basketball

This multi-sport program was developed to give 5 to 6 year olds a positive first step to athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, participants explore balance, hand/eye coordination and skill development at their own pace. Participants should wear appropriate clothing and running shoes; bring a water bottle and sunscreen/hat.

Ages: 5-6 years  
Dates: Monday-Friday, July 19th-23rd  
Time: 9:00 AM -12:00 PM  
Cost: \$169.00  
Location: Ipswich River Park small pavilion

### Multi Sports Super Tot

#### Soccer, Baseball, Basketball

Introduce your little superstar to sports in our most popular program! This multi-sport class uses age appropriate games and activities to explore balance, hand/eye coordination, fitness, sport skills and child development.

Ages: 3-4 years  
Dates: Monday-Friday, July 19th-23rd  
Time: 8:00-8:45 AM  
Cost: \$105.00  
Location: Ipswich River Park small pavilion

### T-Ball

Skyhawks baseball takes the rich history of the game from Cooperstown to your town. Our progression curriculum teaches the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment by local Skyhawks staff. All athletes regardless of skill level will learn new baseball skills along with vital life lessons such as respect, teamwork and responsibility. All participants will come away with new friends, new skills and love for the game! This agegroup is played in the T ball format.

Age: 4-6 years  
Date: Monday-Friday June 21st—25th  
Time: 9:00 AM—12:00 PM  
Cost: \$169.00  
Location: Ipswich River Park small pavilion

### Night Flag Football League

Every Tuesday this summer, NRP&R & New England Flag Football are running a flag football league and developmental program. Flag Football is a fun, non contact game to keep your kids outside and active through the summer. Kids receive a t-shirt and a flag belt! **5 week session**



**Session 1** Ages: 5-10 years, boys and girls  
(Grouped by U-6,U-8,U-10 or skill level)  
Time: 5:30—7:00 PM

**Session 2** Ages: 11-14 years, boys and girls  
Time: 7:00-8:30 PM  
Dates: Tuesdays, July 6th- August 3rd  
Cost: \$84.00  
Location: Arthur J. Kenney Turf Field @ NR

### Recreation Hornet Hoops Basketball Clinic



NRP&R is joining North Reading native, NRHS teacher and former Arlington HS basketball coach Kevin Lentini in bringing "Hornets Hoops" basketball clinic to NR again this summer! This five day clinic focuses on skill development for players of all ages in a fun, competitive learning environment. Younger players will build foundational skills such as ball handling, passing and shooting. Older players will receive expert skill development including advanced ball handling, post moves, 3 point shooting mechanics, shot selection and man to man defensive concepts. At all levels there will be a combination of skills, drills and live scrimmages. Kevin is a top 5 all time leading scorer at NRHS. He played Varsity Basketball at Bates College. **5 day session**

Age: Boys and Girls ages 8-15  
Date: Session1: Monday-Friday, July 19th-23rd  
Session2: Monday-Friday, July 26th-30th  
Time: 8:00 AM—12:00 PM  
Cost: \$200.00  
Location: Ipswich River Park Courts

### On Site Archery



Learn Archery with On Site Archery! Our programs are led by USA Archery certified coaches and instructors from On Site Archery. You will learn the fundamentals of target archery, including proper shooting form, range safety, range procedures, scoring and much more. NO EQUIPMENT - NO PROBLEM! We provide everything you need to participate! Join us for a ton of shooting time and lots of fun! Beginners and experienced welcomed!

Age: 9—17  
**Date: Monday-Thursday, July 12th-15th**  
Time: S 1 2:00-3:00 PM  
S 2 3:15-4:15 PM  
**Date: Monday—Thursday, August 2nd-5th**  
Time: S 3 2:00-3:00 PM  
S 4 3:15-4:15 PM  
Cost: \$105.00  
Location: Town Hall Field

### Rec. Youth Volleyball Academy



North Reading Recreation is bringing back Youth Volleyball Summer Academy. NRHS coaches and players will share their knowledge and enthusiasm for the sport they love to play. The Volleyball Academy will teach basic skills, as well as the more competitive side of volleyball. Groupings may be determined by level of play to allow for the most appropriate experience for all players. Get ready to bump, set, and spike your way into this fun filled and competitive sport!

**4 day session**  
Ages: Boys and Girls entering Grades 5-9  
Dates: Monday—Thursday , August 9th-12th  
Time: 9:00 AM—12:00 PM  
Cost: \$130.00  
Location: NR High School Gymnasium

### Recreation Field Hockey Clinic



Ready to learn more about field hockey? Come join NRHS Varsity Coach Andrea Slaven and her athletes for a field hockey clinic at Arthur J. Kenney field at NRHS. The clinic will target fundamental skills while also working on fitness and strength. Both experienced and new players are welcome! Players should bring their own sticks, shin guards and a mouth guard to each practice. We will have a limited amount of sticks available.  
Ages: Entering 2nd grade —entering 8th grade  
(Grouped by age & skill level)  
Dates: Monday-Thursday, August 2nd-5th  
(4 day session)  
Time: 9:00 AM—12:00 PM  
Cost: \$120.00  
Location: Arthur J. Kenney Turf Field @ NRHS

### Summer Lacrosse Clinic



Time to put the FUN in fundamentals. Brand new to the sport, or experienced, at the NR Girls Youth Lacrosse Clinic we will help our participants develop an understanding of Lacrosse through competitive games, skill development and just having fun! We look forward to having you there!  
Age: U9 (ages 6-8) & U11 (ages 9-10)  
Time: 8:00-9:00 AM  
Cost: \$30.00  
Age: U13 (ages 11-12)  
Time: 9:00-10:30 AM  
Cost: \$45.00  
Age: U15 (ages 13-14)  
Time: 10:30 AM- 12:30 PM  
Cost: \$60.00  
Date: July 12th-16th  
Location: Arthur J. Kenney Turf Field @ NRHS

### Rec. Track & Field Program



Join North Reading Parks & Recreation and North Reading High School Track Coaches, Sotirios Pintzopoulos, Thomas Ledoux and Joshua Rocco for five mornings, starting June 21 and ending June 25 from 9:00am-12:00pm at the Arthur J. Kenney track and field complex at North Reading High School. Each morning's sessions will consist of 3 hours of expert instruction from High School coaches and athletes, which will include a 15 minute warmup routine, five 30 minute stations working on the different event areas of track and field with break times as needed. Instruction will include event rules, proper techniques, safety issues, and insights into gaining the "competitive edge." Registrants will be divided into groups based on grades. Grades will be based on 2020-2021 enrollment. All participants will receive a t-shirt at the conclusion of the program  
Age: Grades K-8  
Dates: Monday-Friday June 21st-25th  
Time: 9:00-AM- 12:00 PM  
Cost: \$120.00  
Location: Arthur J. Kenney Track and Field Complex @ NRHS

OOPS! Despite our best efforts, errors sometimes make it into print. We apologize for any inconvenience these errors may cause.



We encourage residents of varying abilities, disabilities to participate in our programs. If you require an accommodation, please call the office prior to the start of the program.





## Tennis Clinic with Recreation

Parks and Recreation Tennis Pro, Matt Tiberii is returning this summer with his exciting clinic. This is a really fun program of skill development and training followed by Match play! Kids are separated by skill level and age. Pee Wee and Elementary are each a 3 day program.

- Red Ball—Ages 4-6 Young players begin with a Red Ball which is larger slower and lighter. The smaller court and lower net are sized up with their ability to cover the court hit more balls and build confidence.
- Orange Ball—Ages 7-10 Orange Balls are the same size as a yellow ball but are lighter and bounce lower. Play is on 60" court with regular sized net and kids will begin technical skills and tactical work.
- Green Ball- Ages 9-12 Kids grow into a full size court with the Green Ball. The ball is slightly lighter and slower than a standard yellow ball which gives them more time to get to their shots and keep it in play.

Dates: M/W/F

Session 1: June 21,23,25  
Session 2: July 12,14,16  
Session 3: July 26,28,30  
Session 4: Aug 2,4,6

Pee Wee Age: 4 years—entering Kindergarten  
Time: 8:15-9:00 AM  
Cost: \$35.00

Elementary Age: Entering grades 1-5  
Time: 9 AM—12 PM  
Cost: \$100.00  
Location: NRHS Tennis Courts

## Tennis in the Parks

- The tennis program where kids play while they learn!

We are so excited to add to our tennis offering this year with the addition of programs from (USTA) United States Tennis Association!

Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker!

All players in their first session receive and keep a new age-appropriate racket, tennis ball, and a program tee shirt!

This program is once/week for 6 weeks.  
Session 1: Mondays July 12th—August 16th

Ages: entering 1st and 2nd grade in fall  
Time: 1:00-2:00 PM

Ages: entering 3rd—5th grade in fall  
Time: 2:15-3:15 PM

Ages: entering 6th- 8th grade in fall  
Time: 3:30-4:30 PM

Session 2: Tuesdays July 13th—August 17th

Ages: entering 1st and 2nd grade in fall  
Time: 9:00- 10:00 AM

Ages: entering 3rd—5th grade in fall  
Time: 10:15-11:15 AM

Ages: entering 6th- 8th grade in fall  
Time: 11:30 AM- 12:30 PM

Cost: \$80.00



## General Information

### REGISTRATION:

Accepted @ [www.northreadingma.gov/parks-recreation](http://www.northreadingma.gov/parks-recreation)  
In person at Town Hall, Parks & Recreation Office, 235 North Street, North Reading  
Over the Phone, 978-664-6016  
Registrations will not be processed without full payment.  
We accept MasterCard/Visa & Discover, Cash, Checks made payable to: Town of North Reading

### AGE REQUIREMENTS:

If a minimum age is specified for a program, a child must be of that age by the end of the program.  
If a school grade requirement is specified for a program, it refers to the grade they are currently in or if summer program, then for grade will be entering.

### Refunds, Credits and Transfers:

Refunds and Credits are only issued based on the Registration Withdrawal Policies.  
Refunds are only issued by check back to the customer. Refunds take approximately 2 to 4 weeks.  
Transfers are considered withdrawals and are subject to Registration Withdrawal Policies.  
Credits to your account are issued based on withdrawal policies but are considered refunds.  
Vendor programs, summer programs and trips have their own withdrawal/refund and cancellation policies.

## POLICIES & PROCEDURES

### REGISTRATION WITHDRAWAL POLICIES: Two Calendar Weeks Prior To Start of Program

We will issue a check refund for the cost of the program less a \$10/withdrawal fee.

### One Calendar Week Prior to Start of Program

We will issue an account credit less a \$10/withdrawal fee (credits do not expire but will not be refundable).

### Less Than One Calendar Week Prior to Start of Program or After Program has Started

There will be No Refunds or Credits issued.

### Medical Withdrawals

Should a participant need to withdraw from a program due to a major injury/illness after the withdrawal period has passed or program start, we will issue a Refund only if a Doctor's note is submitted within 5 days of notification but No refunds or credits will be issued if notification is made after the program has ended.

#### Note:

- 1) Medical Withdrawals are allowed for major injury or major illness which is defined as not able to participate in the program. Common colds, ear, nose & throat infections and general distress will not be covered under a medical withdrawal.
- 2) Refunds will be pro-rated for any dates that the participant has attended.

### PROGRAM, TRIP & SPECIAL EVENT CANCELLATIONS:

Nothing spoils a good program, trip or event faster than waiting until the last minute to register.

North Reading Parks & Recreation reserves the right to set minimums and maximums for all programs, trips and special events and may cancel due to insufficient registrations to run the program. We reserve the right to change the date, time or location of any program because of unforeseen circumstances.

### If a Program is cancelled by North Reading Parks & Recreation due to low enrollment;

We will notify you by e-mail of the cancellation and a full credit will be placed on your account to be used by any household member. Should you prefer a refund check, please respond to the e-mail promptly.

## WEATHER & OTHER CIRCUMSTANCE CANCELLATIONS/POSTPONEMENTS

We make every effort to run programs, trips and special events on the day they are scheduled. However, circumstances occur where the weather doesn't cooperate or an Instructor may not be able to attend. We make efforts to find alternative locations or Instructors but if that isn't achievable, we may have to cancel.

### North Reading Public Schools Weather Closures:

If North Reading Schools calls a weather closure for the day; Recreation programs & special events are cancelled for the day and evening.

If North Reading Schools calls a weather early dismissal; Recreation programs & special events will not run after the dismissal time.

If North Reading Schools call a weather late opening; Recreation programs before noon will be cancelled.

### North Reading Parks & Recreation Cancellations/Postponements:

If we have a cancellation due to weather or other circumstance; We send out an e-mail and post to our website. Please check your e-mails, as it may cancel OR change a location.

We will make every effort and attempt to make up cancelled program and special event dates by adding dates (some at the end of a session) but we cannot guarantee all program dates will be made up. In the instance that no make-up can be achieved a credit will be made to your account.  
If a trip is cancelled by us due to weather or other circumstance, a full refund will be issued.

**Weather Policy:** Multi-day outdoor Summer Clinics rely on fair weather conditions. When conditions are not considered ideal whether it be heat/cold/rain, North Reading Recreation and the Vendor work together for a solution. However, sometimes not all hours or days can be made up. When that occurs, there are no refunds or credits.

### TRIPS:

#### Trips run and organized by North Reading Recreation:

Due to the nature and commitment of bus contracts a refund will be granted only;  
Day Trips - Three weeks prior to the date of the trip.

#### Trips run through a Travel Agency:

Since trips have different destinations with carriers of plane, ship, train and bus and also require hotels, food, entertainment tickets and the like, each trip carries its own refund policy. Please see the details of the refund on our website for that particular trip. You will also be asked to agree to the withdrawal and refund policy when electronically registering, over the phone or in person.

### DISCOUNT TICKETS

All tickets are FINAL SALES and no refunds or credits are given.

### VENDOR PROGRAMS:

North Reading Recreation contracts with some fantastic vendors who offer expert instruction, top of the line materials and many take home completed projects. Due to the requirement of the vendor to plan and schedule instructors and have the appropriate amounts of materials, they may have their own refund policy that is specific to their programs. Please inquire at time of registration for specific program.

### Kid Connection, & Summerscape

Due to the affordable options available, once a registration or field trip fee has been paid, there will be; No Refunds, No Credits or Transfers.

## P & R Committee & Staff

#### Committee Members

Ron Kern, Chairperson  
Billie Luker, Vice Chairperson  
Rita Mullin, Clerk  
Sergio Coviello, Patricia Fillmore,  
Mike Fitzpatrick, Sheila Sturdevant

#### Staff

Maureen Stevens, Operations Director/Dept. Head  
Lynne Clemens, Recreation Director  
Marty Tilton, Parks Director  
Nancy Ursino, Recreation Programmer  
Maria Brown, Administrative Assistant  
Rebecca Lowe, Instructor  
Mike Marciano, Parks Foreman  
Brian Auld, Parks Equipment Operator  
Rich Giordano, Parks Maintenance